URN etd-0407109-183706-437
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Statistics This thesis had been viewed 45 times. Download 0 times.
Department
Year 2004
Semester 1
Degree Master
Type of Document Master's Thesis
Language zh-TW.Big5 Chinese
Title The effects of leisure motivation and leisure constrains on leisure activity participation by taking San-shin Vocational High School students as example
Date of Defense 0000-00-00
Page Count 172

Keyword
leisure motivation
leisure constraints
leisure participation

Abstract
This study aims to explore the leisure motivation, leisure activity participation and leisure constraints of students nowadays, to find their variations between students of different backgrounds, and finally to analyze the effects of leisure motivation and leisure constrains on leisure activity participation. We use questionnaires as the instrument with the subjects of San-shin Vocational High School students. We also, according to the study, make our suggestions on leisure education implement and leisure activity planning. The findings of the study are summarized as follows:
1. Leisure motivation has a significant difference between students of different backgrounds, including items such as genders, the different grade, weekly leisure time, weekly leisure frequency, main partners for leisure, the management styles of parents, father’s education background, and mother’s occupation.
2. Leisure constraints has a significant difference between students of different backgrounds, including items such as genders, weekly leisure time, weekly leisure frequency, main partners for leisure, the family mode, mother’s education background, and mother’s occupation.
3. Students of different backgrounds have a significant difference on the leisure activity participation, including items such as genders, the grade, monthly allowance, weekly leisure time, weekly leisure frequency, main partners for leisure, the management style of parents, father’s education background, mother’s educational background, father’s occupation, mother’s occupation, and schooling performance.
4. There is a significant correlation between students’ leisure motivation and their leisure activity participation. The item, self-growth, strongly correlated with items of leisure activity participation.
5. There is also a significant correlation between students’ leisure constraints and their leisure activity participation. Especially the item, personal internal constraints, strongly correlated with items of leisure activity participation.
6. Students’leisure motivation and leisure constraints do affect their leisure activities. Those items such as self-growth, mind-relaxing, the same generation socialization, and physical fitness of leisure motivation has a strong influence on leisure activity participation, so does internal constraints, economic and interpersonal constraints, social resources constraints of leisure constraint items. Besides, they influence most on the public entrainment leisure activities.
Advisory Committee Pei-Wen Huang - advisor

Files No Any Full Text File.
Date of Submission 2005-01-01